

## NATURE ACTIVITY

The Shy Plant

here's a plant that can be found in nature that responds exactly the same way shy people do when they feel nervous. Due to its behavior, it's no surprise that the Mimosa Pudica has been nicknamed the "sensitive" plant or "shy" plant. It has pretty pink or purple fluffylooking flowers, and leaves that are highly sensitive to touch. If disturbed in any way, the leaves automatically fold in on themselves. This response helps protect them from predators, as the sudden movement of the leaves can scare away unwanted visitors.



Unscramble the letters in each flower to discover five things that God does for us and then place them in the crossword puzzle.

Bible Do you know someone that's shy? Sometimes it's difficult to make friends with a shy person because they have the same response to you as the shy plant does to touch! Shy people don't talk much and they keep to themselves. Instead of giving up on them, just remember that you probably make them really nervous, so be persistent and get to know them!

Moses was shy, too, but God saw his heart and knew that all he needed was some encouragement! That's why God sent Moses' own brother, Aaron, with him to Pharaoh's palace. With Aaron's support and God's guidance, Moses became a great leader! You too can be an encouragement to someone shy, someone who needs a little extra support to become the confident person that God wants them to be.

"For God gave us a spirit not of fear but of power and love and self-control."

- 2 Timothy 1:7 (ESV)

3

4