

MAKE A

## NATURE ACTIVITY

## Supplies:

- Small jar, plastic bottle, or empty can
- $\Box$  Wax paper or newspaper
- □ Dish soap
- □ Vinegar
- □ Small container
- Red food coloring or a couple of cherries
- Baking soda
- □ Clay or mud
- □ Toilet paper
- $\square$  Rubber band or piece of tape

## Steps:

- Place your container on top of the wax paper. Pack the clay or mud around your container to shape it like a volcano. You can add dirt and rocks to give it a real look.
- Mix together about 1/2 cup vinegar, 1 Tbsp. dish soap, and red food coloring (or squeeze a few cherries) to your liking. (Measurements don't need to be exact.) Pour the liquid into the volcano.
- Place a small amount of baking soda on 1-2 squares of toilet paper. Carefully fold the paper, enclosing the soda, and seal it with a rubber band or tape.
- 4. Drop the package into the volcano and wait for it to erupt!











## Bible Lesson

Although they are impressive, volcanoes can be very destructive. And unfortunately, so can we. When we let our temper flare and then strike out at someone in anger, we cause damage. In fact, the Bible says in Proverbs 29:22 (NIV), "An angry person stirs up conflict, and a hot-tempered person commits many sins." Remember that Jesus died on the cross for our sins, and He did that because He wants us to live with Him in Heaven for all eternity. So, when you feel like getting angry, don't forget to pray and ask God to help you calm the storm inside of you!

"Do not hasten in your spirit to be angry, For anger rests in the bosom of fools."

- Ecclesiastes 7:9